



NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 2 NO. 1

NEWARK, NEW JERSEY

MARCH, 1984

NEIGHBORHOOD ANTI-CRIME PROGRAM BEGINS AT DOUGLASS-HARRISON

New Community Douglass-Harrison Apartments joins with ten other sites nationally to be part of a neighborhood anti-crime self-help program. The program was begun in 1982 by the Eisenhower Foundation as a national neighborhood anti-crime program to test community-based approaches to reducing crime and fear of crime in ten urban neighborhoods. Eisenhower's Neighborhood Program will attempt to demonstrate that there are ways citizens can organize and bring together all segments of their neighborhood in order to reduce crime.

The Victoria Foundation of N.J.

made possible New Community's participation, and national funding from the Ford and Burden Foundations, and IBM will support a core staff of the Eisenhower Foundation allowing this staff to administer the program and provide technical assistance.

The process will include a five month planning stage during which a work plan will be devised based on available planning data. An Advisory Board will be appointed to assist the coordinator in overseeing the implementation of the program. Within six months New Community Douglass-Harrison Apartments will have a project coordinator, an Ad-

visory Board, a well-thought-out and approved program work plan, and everybody ready to go to work.

The national scope of the program will allow sharing among all the par-

ticipants so that it will build systematically on what is known about the most effective community-based responses to crime.

New Community Computer Project Underway

During the past 15 years components of the New Community Network (NCC, Babyland Nursery and St. Rose of Lima) have grown from fledgling ventures to full-scale, prominent, well respected entities serving their community while employing 285 individuals.

The group responsible for keeping them running has also been transformed from a handful of dedicated people with vision to a complicated organization touching base with hundreds of businesses and government agencies in the course of their work week.

It follows then that if there be some way to organize the information and needs presented by this network in order to improve the service it offers to this community NCC will avail itself of that help.

Consequently we are looking into the implementation of a first class computer network that will assist the employees of all departments of the NCC network.

It is hoped that selection and delivery of the most suitable computer for the plan will be accomplished by Fall, with the next nine months spent implementing the various applications.

NCC has entered the initial phase of the plan, which calls for an extensive survey of our computer needs. Sixteen vendors have been notified

of our intentions and have responded with a visit to our facilities. The information gathered from an in-house survey will be paired with suggestions from the professional computer community and a detailed request for a proposal formulated, and submitted to the 16 by NCC.

The next step will be taken by the vendors, who will analyze our request and propose a computer system to meet our needs. This method of action will have the effect of promoting competition as well as focusing a professional eye on details of our operation. It will also allow us to choose from among a variety of approaches to our computer needs.

After examination of the proposals, the vendor that best suits our needs will be chosen and a contract negotiated.

Overseeing the project for NCC will be James F. Rohrman, a computer expert experienced with software development, hardware and procedure whose proficiency will be applied to NCC's present situation.

In the management department the computer would replace the ADP property management system. Maintenance would like to automate several interdependent areas such as inventory, purchase orders (which could then be reviewed by the NCC

(Please turn to Page 2)

Clarion Completes First Year



It was a "Banner Year." In montage above headlines of the first twelve Clarions show variety of activities engaged in by New Community, Babyland and St. Rose. Anniversary year is captured as well as progress with Douglass-Harrison, St. Joseph Plaza and the soon to come shopping center.

With our March issue, the Clarion begins its second year of publication.

Originating as it did in the 15th Anniversary year of the New Community network, exciting events filled its pages.

The Clarion has the task of keeping its readers informed of the progress made by New Community/Babyland/St. Rose in their efforts to improve the quality of life of the people of Newark.

Part of its mission is also political, keeping our audience aware of vital

issues of federal, state and local government which have an impact on their lives.

We have tried to emphasize health care in its preventive aspect to further enrich those lives.

And we have tried to cover activities of our residents.

We would appreciate hearing any suggestions our readers have to offer as we step into volume II of — The Clarion.

Patricia Foley
Editor

HUD Issues Final Approval for Nursing Home

The U.S. Department of Housing and Urban Development (HUD) issued a Firm Commitment to NCC on February 28, 1984 to insure the mortgage for the proposed Extended Care Facility.

Pursuant to Section 232 of the National Housing Act of 1964, HUD will insure the first mortgage loan which NCC will obtain from the New Jersey Health Care Facilities Financing Authority (HCFFA). The federal mortgage insurance will

enable NCC to obtain a very favorable interest rate on the tax-exempt bonds which HCFFA will issue for the project. E.F. Hutton will be marketing the HCFFA bonds for NCC.

NCC will immediately apply to HUD for "early start" permission so that the Ricciardi Building and Construction Company can begin work in early March. The bonds will be marketed in mid-March. The closing is scheduled for April 2, 1984.

SECURITY WELCOMES TENANT INVOLVEMENT

The N.C.C. Security Department would like to welcome you, the readers of the Clarion, to enjoy what we hope will be a long series of monthly articles about what's happening in security. In the first article, we would like to make a plea to N.C. tenants for assistance because a security outfit can be twice as good with the help of the people it serves. The following is an example of how one senior citizen helped to save another's life.

On February 3, 1984, at approximately 11:13 p.m. Security Officer G. Harris received a call from Carrie Gunn at 140 So. Orange Ave., stating that the smoke alarm could be heard in the apartment of Samuel Davis. Security Officer Harris then responded to that location and was met by Mrs. Gunn. He attempted to enter the apartment but was confronted with a wall of smoke at which time he notified the Sergeant on duty for assistance. Security Of-

ficer Harris then returned to the apartment and was informed by Mrs. Gunn that Mr. Davis might be in his apartment. When Officer Harris entered, he had to grope through the dark smoke because the only light came from the television set. He walked towards the T.V. where he heard Mr. Davis' voice and reached out in the dark until he felt him. He then gripped the man by the arm and carried him out of the apartment. The smoke was caused by a forgotten frying pan on the stove.

Our hats go off to Mrs. Gunn.

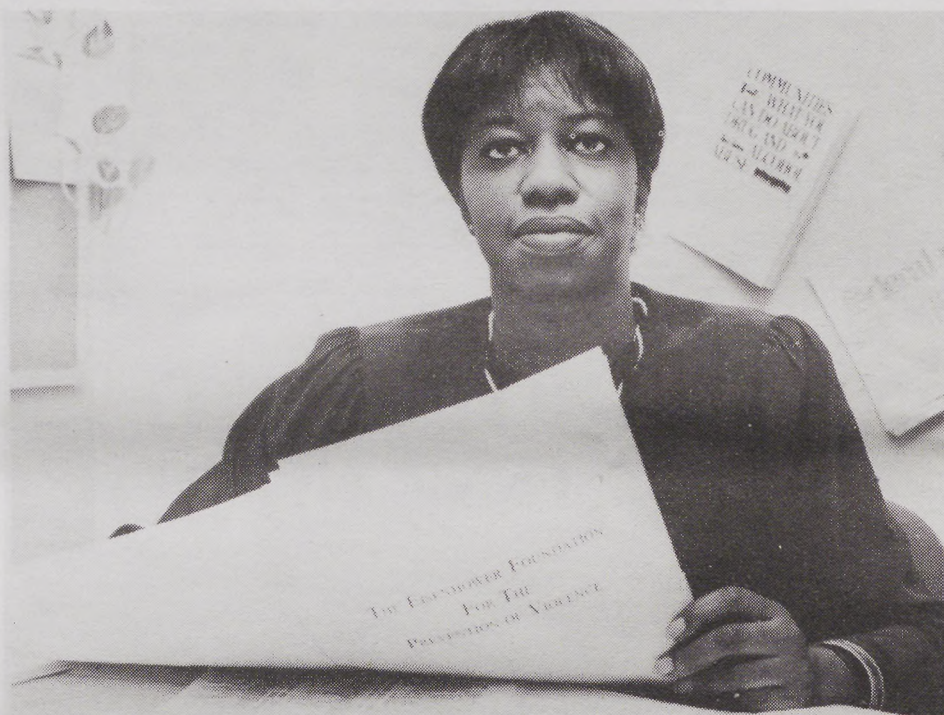
In closing, we would like to welcome Sergeant William Cameron to our Supervisory Staff. Our newest Sergeant possesses a rare combination of leadership, common sense, intelligence, personal pride and integrity and we look forward to working with him.

Sgt. Melvin Bibbs



YOU CAN'T MISS IT. New sign on corner of South Orange & Morris Avenues calls attention to NCC Garden apartments and our Health Care Center. It can also be seen lit up at night. Maintenance worker George Kearney is assisted by Bob West, maintenance supervisor, as they work on the landscape around sign.

Anti-Crime Program Coordinator Chosen



ANTI-CRIME COORDINATOR. Georgia Ransome, recently appointed as neighborhood anti-crime coordinator, at her desk going over information on prevention of crime.

Mr. Arthur Wilson, President of New Community Corporation, announced the appointment of Mrs. Georgia Ransome to the position of coordinator for the new neighborhood anti-crime self-help program. Her office will be located in the Management Office of Douglass-Harrison Apartments. The appointment is effective February 14, 1984.

Mrs. Ransome will begin with a four day intensive training program being given in Washington, D.C. by the Eisenhower Foundation. She will study methods of involving persons of all ages in a coordinated community effort to fight crime. Although the program is being designed for New Community Douglass-Harrison, it will be applied to all New Community housing developments, stated Mr. Wilson.

Mrs. Ransome is the mother of five children. She comes to her job from the social services department of New Community where she coordinated activities and programs for families, including the parenting group. She was also staff representative to the N.C.C. Advisory Board

for Families. In addition, Mrs. Ransome coordinated the committee for Youth Programs. A replacement for Mrs. Ransome will be announced in the near future.

From 1980 to 1982, Mrs. Ransome served as Site Manager for New Community Homes. Mr. Wilson explained that this background in both Social Service and Management would be a great asset to her new job. Mrs. Ransome also worked for ten years with N.J. Bell and for two years as a nurse's aide. Like many of New Community's staff she has not allowed her position of full time mother for five and her heavy work schedule to stop her from continuing to pursue learning. Mrs. Ransome has certificates including, nurses aide, effective speaking, managing housing and staff development. Reading and ceramics are her hobbies and many know her for the latter since she teaches classes in ceramics to residents of New Community, and Babyland's Family Violence Shelter. If that isn't enough, Mrs. Ransome is Scout Leader for New Community's Troop 916.

THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs once they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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Computer Project

(Continued from Page 1)

purchasing agent) and a work order system that would trace the type and quantity of work done. Its application in the finance, development and personnel departments would be multi-faceted: automating accounting functions, setting up a property inventory of real-estate of interest to the NCC network and keeping track of all employee records.

Our Social Services department would benefit from the automation of its out-reach program information as well as communication with others having special service directories.

In the area of Security, the computerization of incident reports could detect crime trends.

Babyland records also lend themselves to the machine of the 80's and its kitchen needs could effi-

ciently be tracked.

And last in line is St. Rose whose Apple IIe's are already hot on the trail of new opportunities and whose student records would be sent to the electronic memory bank.

Needless to say the restaurant at St. Joseph Plaza would enter the picture as well as the proposed extended care facilities whose valuable health records would be stored safely away.

The effectiveness of any computer system however, depends on careful planning, and in-service sessions will be underway in the near future to introduce adult members of the NCC network to computers in hopes of generating as many ideas for its use as possible.

Most important of all is that our computer must be able to grow along with us — for we are only 15 years young, and still "growing" strong.

Security is Alert

In the early morning hours of February 18th two alert New Community security guards noticed two under-age youths park a Buick in the A&P Supermarket parking lot in the Douglass-Harrison complex.

When the youths disappeared into a nearby apartment, security officers Willie Hall and Darren Nance examined the vehicle and found the steering column had been broken. Suspicious aroused, they notified the Newark Police Department. The officers apprehended the youths when they re-entered the vehicle and placed them under protective custody until Newark police arrived at the scene.

Alert security action such as this contributes greatly to the safety of New Community housing and is a credit to the department.

Keeping Track of Newark Elton Hill Keeps Communication Flowing

According to Elton Hill, Business Administrator for the City of Newark, the main responsibility of his office is to coordinate other city departments. Accomplishing this calls for a never ending stream of communication, which he strongly encourages. He works for and is answerable to the Mayor.

The 53 year old administrator is no newcomer to Newark and its problems. He and Mayor Gibson were grade school buddies.

After graduation from Essex County Vocational and Technical High School, he engaged in some new home construction, and worked as a draftsman for a time. Hill then spent 8 years with the Newark Housing Authority as a carpenter, eventually seeking the job of assistant business administrator of Newark 14 years ago.

Upon his employment by the city Hill returned to school, earning first an associate degree in public administration, then a B.A. in political

science, and finally an M.A. in public administration. Like all conscientious executives today, he has also numerous continuing education credits to his name pertinent to his job.

As business administrator for Newark he is primarily responsible for the preparation of the budget for the city and this gets him involved in many problems requiring a solution. He usually analyzes the problem, sorts it out and then makes suggestions for a solution, sending questioners on their way. If quiet results it usually means the suggestion worked, he told us.

It is up to the business administrator also to act in the absence of the mayor and to speak for him if necessary. "He's a difficult person to do this for," Mr. Hill told us, so he usually gets in touch with the mayor before hand if possible.

One of his great concerns, he revealed, is for the quality of life in Newark. In this regard he has taken

on the role of encouraging people to "do something creative" to solve what he calls some of the EXTRA-ORDINARY problems.

Ten years ago, he suggested the "Love Newark — Keep It Clean" project even designing logos, but it was an idea before its time, so he "tucked it away," unwrapping it again just five years ago when Newarkers were ready for it. He is a patient man.

One of the other things he has accomplished which gives him pride is "doing something about the vacant and abandoned buildings in Newark." In 1970, there was a terrible problem because of the existence of these buildings. Federal funds allowed the establishment of a Public Employees Program (PEP) and through this a city operated demolition team was created. This in turn, led to the presence of all the vacant lots in the city creating a whole new problem; but the administrator has a suggestion for a solution to that one also.

He would like to see people develop a "greening program" in Newark to cover these lots, and put telephone pole fences around them while developing resources to keep them clean. He would also encourage use of the lots — giving as an example an outdoor flea market. Springfield Avenue he feels has "eroded" since the riots and would be a prime area for the idea to take root.

He would like to see it used again for shopping and is hoping to put together a good plan to bring this about with community help in 1984.

Turning from the city of Newark to his relationship with the goals and activities of New Community — Mr. Hill said he often brags about one particular part of his background: the talks he had with Joe Chaneyfield in the basement of Scudder Homes as they discussed everything from community problems to politics and civil rights. Hill was with the Housing Authority at the time. Part of the idea for the conception of New Community came up during those talks and Hill was asked to recommend people for a board to discuss the non-profit development group idea. One of the people he suggested was Kenneth Gibson.

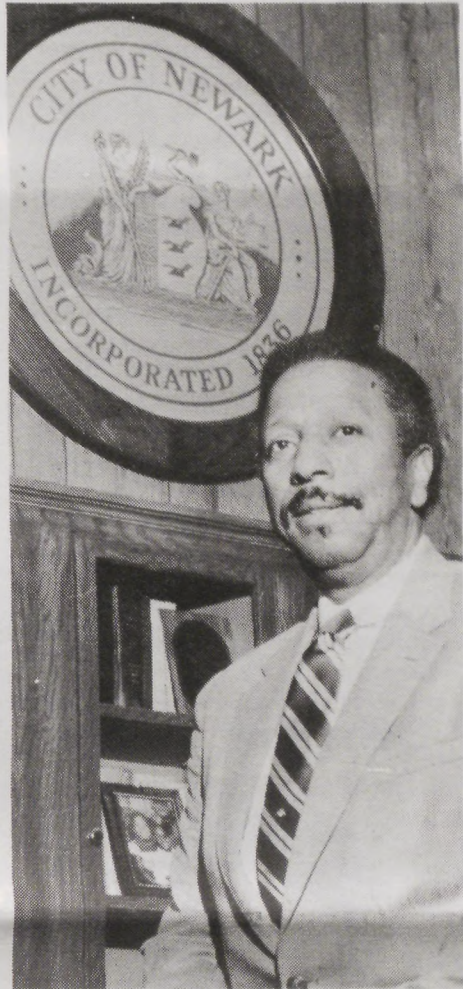
New Community is or has been all about new housing and redevelopment, which is one of his top priorities. He spoke of his admiration for New Community today and felt it had an extremely outstanding management program, citing its 10 year old family housing which he noted has not developed the blight problems inherent to family housing such as results from rampant vandalism.

He finds his goals today remain compatible with those of NCC. He would like to find a solution to the use of the Morris Avenue bath house — as would NCC — either with the city renovating it and adding a gym or demolishing it to make way for much needed recreation facilities in the area. New Community would be assisted in any way possible by the city.

In his opinion, the strength of the recreational facilities would be in their appeal to adults as well as youth, thus allowing additional

supervision of children who use them. Adult/youth use would provide a structured program for both. He does not see the facility as an "enclosed playground" for kids.

Mr. Hill is also on the Central Planning Board for Newark and various plans come through his office for approval and comment. He told us that New Community people feel free to call or come to him with problems as they arise and he likes to think they feel they have an ally in him.



Elton Hill
Business Administrator,
City of Newark

His path crossed that of Babyland many years ago when, while a carpenter for the Newark Housing Authority, he did the renovations for the first Babyland Nursery at Scudder Homes, knocking out walls, etc. He feels very much akin to all that they are doing today. He has also benefited directly from Babyland's services, as his executive assistant put her infant son in their care 12 years ago when she had to go back to work.

Planning for the future, Hill is proud of the mini-computer connected in his office and of the strides made by the city to use the sophisticated financial tools which help his departments work more efficiently.

He is a great believer in updating knowledge and required his management personnel to go through a hands on computer course at Rutgers University, taking it first himself so that he would know personally what they were experiencing.

Data processing, he said, is a tool no longer of the future but of the present.

Mr. Hill is also a man very much in tune with the present, armed with an awareness of the mistakes of the past, and as a result, with a realistic attitude towards the possibilities for change in his vision of a brighter future for Newark.

St. Joseph Workers Busy



From top to bottom St. Joseph Plaza rapidly takes shape. Top photo shows peak of gothic arch now enclosed to form entrance to office space. Dimensions of levels can be seen on lower right.

New Community Adds to Staff

As employees benefit from the experiences offered by New Community they grow in confidence and ability and are given assignments with even greater responsibilities, leaving openings for yet another new member of the New Community team. It is a cycle we like to see happen.

This month New Community has added two new managers to its housing staff, Margarita Martinez Berdiel and Doris Eatmon, as well as a new secretary, Elsie Blair.

Prior to joining NCC, Margarita worked for C.U.A.A., a drug and alcohol rehabilitation center located in the Lincoln Park section of Newark. Her responsibilities included the supervision of 6 counselors and the establishment of nutritional aid treatment plans for the male and female residents.

She also helped establish affiliation agreements between C.U.A.A. and Essex County Community Mental Health, New Jersey Division of Vocational Rehabilitation, and C.M.D.N.J. — Community Mental Health Vocational Rehabilitation

Unit to better serve the special needs of the Hispanic population in the program and the community.

She is a graduate of Caldwell College with a B.A. in Sociology and is a former manager for various Essex Plaza Apartments and Buildings.

Doris comes to us with several years experience as a manager of HUD properties located in Essex County. In addition to working with NCC, Doris is attending St. Peter's College, majoring in urban studies. She is an active member of the First Hopewell Baptist Church in Newark.

Elsie also brings with her a diversity of experiences prior to joining NCC as a secretary in the Management Division. Having previously worked for Hahne and Company as a statistical typist, she earlier worked also with youth as a recreation and arts and crafts supervisor utilizing the skills which won her English and Art awards in high school.

She is a Newark resident and a graduate of Malcolm X Shabazz High School and Sawyer Business School in Elizabeth.



NEW FACES. Meet the ladies behind the smiling faces, left to right site manager Doris Eatmon, secretary Elsie Blair and site manager Margarita M. Berdiel.



Babyland's Gain



Alice Wilson

Alice Wilson has been a familiar face at the reception desk of Babyland I for many years. Recently her position was changed to assistant supervisor and she will be responsible for lesson plans, and monthly progress reports on her charges. She is equipped with a Group Teacher's License in Early Childhood from Bloomfield College. She may still be seen at the desk from time to time however because flexibility is important to cover all the activities our day care center presents.

Alice is proud of her daughter Valerie, 19, who is in her second year of college at Tobe-Coburn in New York studying fashion merchandising.

As a single parent she feels she has her life very much in hand and is pleased with her new assignment.

We wish her well.

Dramatic Play A Vital Curriculum Ingredient

Dramatic Play is considered the very heart of the free play period. As regards the total growth in intellectual and social development of children, studies have shown that this type of play leads to discovery, reasoning, and thought; it is a bridge to social relations, and it leads to emotional equilibrium.

The most common form of dramatic play is *Simple Housekeeping*. Fascinating to girls and boys alike, they play out what they see happening around them and express some of their feelings about it. We see and hear children's emergence as individuals. There's a growing understanding of themselves, of other people, and of important life experiences. Therefore, we see how crucial it is that we have dramatic play and how necessary it is to have sufficient time, space, and privacy for this play as part of the daily program.

The Importance and Value of the Housekeeping Area are understood as follows:

Social Development. Young children learn to play together, to share, to take turns and to achieve group goals. They acquire the ability to communicate and interact with others. The children show their perceptions of how people act towards each other. They try out different roles and act out real life situations. Most importantly, they are able to think through problems in logical order according to their stage of development.

Intellectual Development. According to Piaget, one of the great theorists in developmental psychology, young children learn by being physically involved. Through role playing the child better understands the different aspects of the job.

In the development of intellectual skills the child progresses from using real objects to increasingly

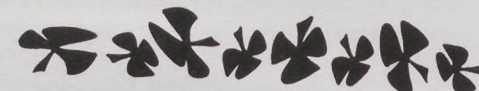
abstract symbols. Dramatic play is one important source of learning to handle symbols. In *symbolic play* the child transforms an object or himself into another person, object, event, or situation through the use of motor or verbal actions in a make-believe activity. Research has shown that *children who engage in symbolic play show greater achievement on reading test scores.*

Emotional Development. Adults often find that if something upsetting has happened, there is a need to talk about it over and over. In the case of young children, they conquer their fears and absorb their traumas by play acting. The Housekeeping Corner is helpful because the child creates and therefore controls the situation. He has a chance to work through emotionally charged experiences, whether they are happy or otherwise. There exists a potential healing power because by replaying a traumatic experience, a child can overcome fear and anxiety.

Finally, the imagination is used for fantasy play, which is at a peak around the ages of three to six. Children sometimes distort reality for their own purposes. They may imitate imaginary animals. These are healthy ways to overcome their fears. For example the animals may represent aggressive playmates. Some children make up imaginary friends who are responsible for the former's misbehavior. That way the "real" child can always be good. This too is a healthy step, one stage in the growth of the child's conscience.

When we support children in their fantasy play, we help them to build on their own interests and curiosity, to feel confident about their own thoughts, to be resourceful, and to come up with new ideas. We must respond sensitively to their interests in this area of the Curriculum.

Sister Marie Infanta Gonzales, OSP
Education Consultant



Babyland I Happenings

As spring rapidly approaches, our youngsters can hardly wait to enjoy outside play. The caregivers also enjoy this break in the weather so that they can finally conduct neighborhood walks and trips to the park.

We receive books from the Newark Public Library every two months which the children really delight in by looking at pictures or having a short story read to them. Little do they know that what they are really getting and doing is learning language skills and pre-reading development, communication with others, an understanding of the use of words and the ability to express themselves. These are just a few important skills they can learn from looking at picture books or having a short story read to them.

We would like to thank all parents who were in attendance at the last parent meeting.

Carol Leadbetter
Head Teacher

Babyland Nursery



Day Care Center in Newark
24 Hours 7 Days
Ages 2½ Months to 5 Years

Flexible Drop-in Child Care
Available For:

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 - Doctor's Appointment
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 - Adult Education
- (3 Hours Minimum)
Ages 2½ Months to 12 Years

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The Cane-Maker — A Hobby Touches Many Lives

This is the story of Martha Towles and Ed Carson, but strangely enough, they have never met.

They do have a mutual acquaintance, however — Sister Anastasia of NC Social Services.

During her visits to Douglass-Harrison apartments, seeing to the needs of its residents, Sister came one day to the door of Mr. Carson's apartment and stepped inside. His hobby of cane-making was evidenced by the unique selections visible in his living room workshop.

The beauty and strength of his canes was impressive and he offered Sister one if she thought someone could use it.

Enter Ms. Towles.

Sister knew that Martha's frail frame was presently being supported by an old yellow broomstick. Now, however, thanks to her unseen benefactor, she walks with renewed confidence on her strong new cane, with its beautifully curving spirals, etched by Mr. Carson's skillful hands. The handle is easy for her to grip also and carries in its front a carved face, trademark of the maker.

As we took her picture for the Clarion her face was alight with pleasure as if she had found, in the gift of the cane, a new friend and companion.

We described her reaction to Ed Carson upon our visit to him, and his pleasure was also obvious in being able to help.

The canes mean so much in the lives of those whose legs need help from time to time.

Their origin is a modest Douglass-Harrison apartment with wood-carved objects on walls and tables depicting the variety of interests of this 72 year old man. His workbench — a formica kitchen table.

In one corner a weather windmill such as used by ships and the weather bureau to gauge wind velocity, awaits completion. A small handmade shelf holds treasured family pictures and on the table before us, miniature straight chairs, rocking chairs and a cradle mark time before the next step in their lives, which will bring such pleasure to some small child and his/her beloved doll.

Not a nail can be found in any piece of work.

They all begin as patterns drawn in pencil on wood gathered here and



CANE-MAKER. Edward Carson displays some of his handywork. He holds two canes recently made. A hand-made crib and chair can be seen on the table and in close-up below.



there. Then Ed's strong fingers, aided only by an ordinary linoleum knife, bring life to the piece, gently but swiftly chipping away the wood around the design to leave it standing on its own. Each slat of the wee cradle is also drawn freehand and then cut, before becoming part of the whole. The ones we saw had begun as backs of old dresser drawers before being rescued for their new purpose.

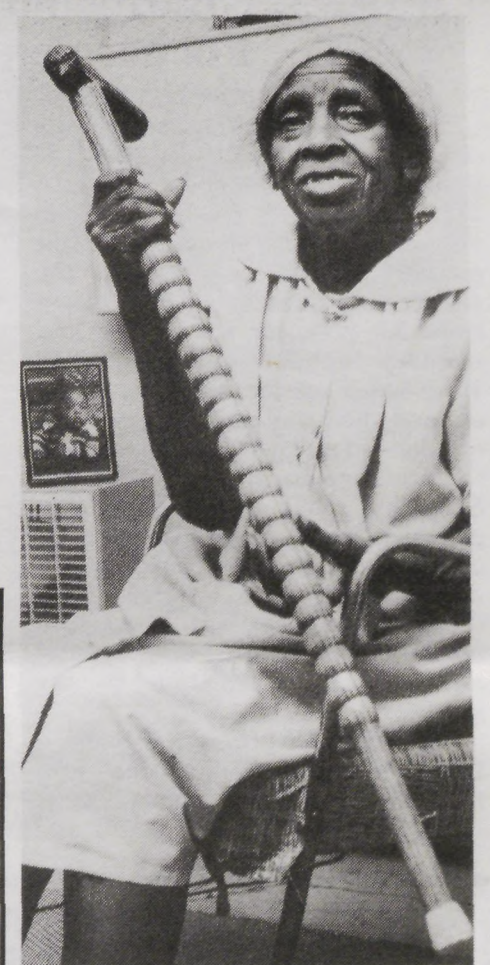
Mr. Carson's experience at Singer Sewing Machines, from which he is retired, is evident as the parts to a cradle are seen lined up awaiting assembly, as did the parts to the sewing machines he made before.

Each piece has been carefully sanded, holes have been drilled and it is then glued — even the canes. In their case, a hole is chiseled in the handle which is made from a piece of two-by-four. "If the cane is not firm when the handle is joined to the stem, a tiny hole or two is drilled and pegs inserted," he told us proudly, repeating — "there's not a nail in any of them." And they are *strong*.

Mr. Carson has been a resident of Douglass-Harrison since 1976 and his work is well known to neighborhood residents. When someone needs a cane, friends recommend Ed and a cane is then made to order.

His doll furniture has traveled to far away places such as Israel, California, and Florida in the appreciative hands of excited parents and grandparents, and some made it to Woodcliff Lake on the day of our visit.

When asked why he started his hobby, Ed explained that his father



Martha Towles

was a carpenter, but that he himself had worked among machines. When retirement came however, he felt he had to have something to do to "keep from drying up."

What better choice than a hobby that brings so much happiness to so many?

For Your Information

Did you know that you could be eligible for the following programs:
At Age 55 For

- Membership in AARP (American Association For Retired Persons)
- Title V Employment Programs
- Senior Citizens Transportation Programs
- Lunch at Nutrition Sites
- Home Delivered Meals
- Essex County Senior Citizens Identification Cards
- Vial of Life
- Educational Programs at local colleges and universities
- Membership in RSVP (Retired Senior Volunteer Program)
- Widow & Widowers Retirement

and Survivors Benefits from Social Security

At Age 62 For

- Half-fare transportation program
- Passes to State Parks and Historic Sites
- Passes to National Parks and Historic Sites (Golden Eagle Pass)
- Early retirement Social Security payment — 80% of full benefits
- Tuition free courses at Rutgers University, on a no credit, space available basis..

At Age 65 For

- Medicare Coverage
- Full Social Security benefits
- P.A.A.D. (Pharmaceutical Assistance Program for the Aged and Disabled) \$2.00 prescription.

• Lifeline - credit of \$200.00 in 1984 at utility company, or \$200.00 in cash for tenants whose utilities are included in rent.

• Supplementary Security Income, SSI, for people with very low income

• Medicaid

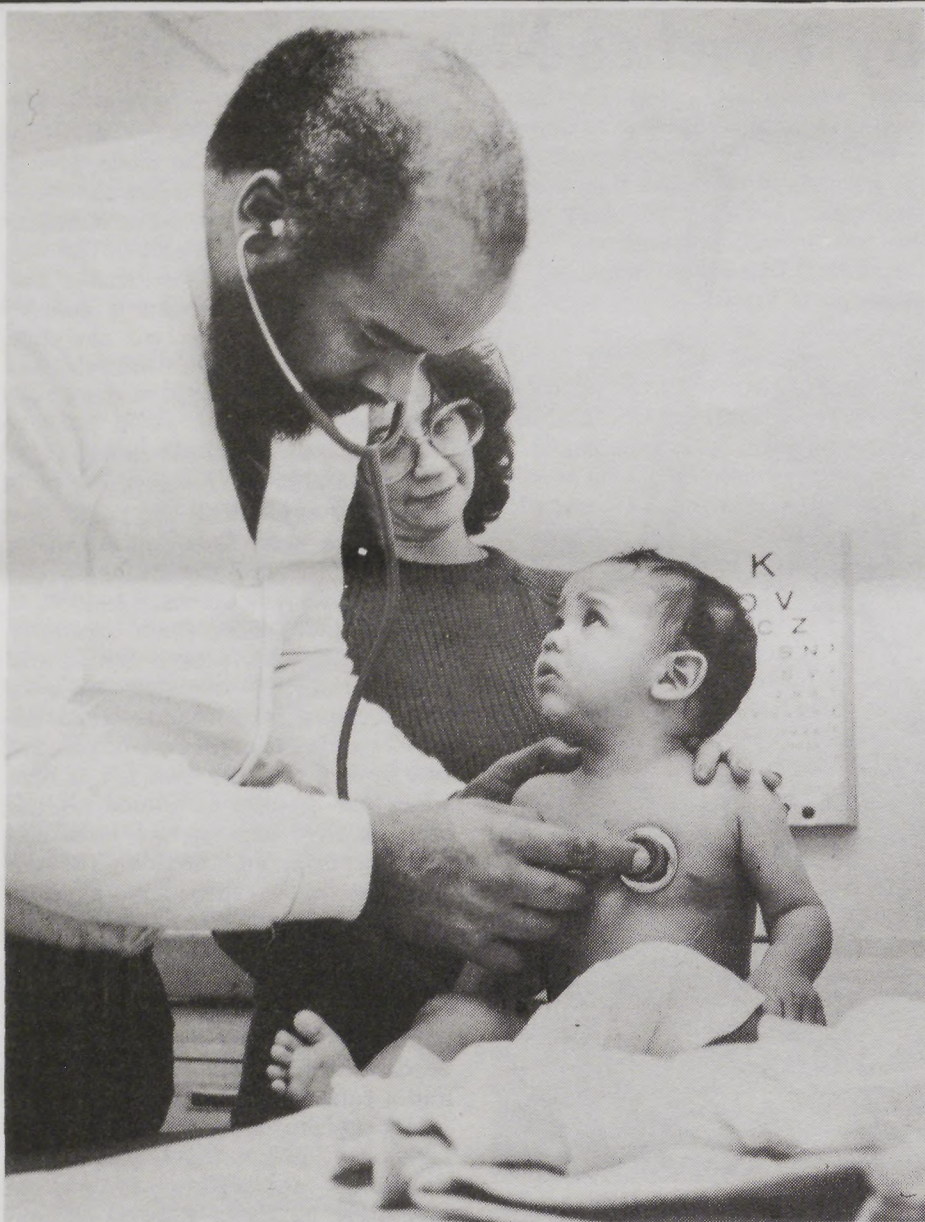
• Reduction of \$250.00 for home owners on real estate taxes paid to municipalities

• Extra \$50.00 on Homestead Rebate

• Tuition free or reduced fee courses at Caldwell College, Montclair State College, and most other local colleges.

At Age 70 For

- Free Fishing license
- No payments back to Social Security for income from working



HEY DOC, THATS COLD. Little Suzy Walker is examined by Dr. Adewale Troutman at the Health Care Center as mother Shirley looks on.

Babyland Shelter Focuses on Children

The Children's Therapeutic Activities Program offered by the Essex County Shelter for Battered Women and their Children has involved children of all ages and their mothers during their stay at the shelter. A Tuesday group meets from 3-5 p.m. for school age and nursery school children. The Wednesday session is for preschoolers and their mothers, and consists of a guided mother/child interaction to encourage positive nurturing. On Saturday a full day of services is provided to all children, which includes individual and small group counseling by the program coordinator, Rita Seay-Veca. Rita is also available on Saturdays to counsel and provide information to the mothers.

The children's program includes a full range of modalities and materials, such as paints, clay, dance, music, doll play, cooking and

other indoor and outdoor physical activities. The therapy program incorporates an individualized approach, in order to best serve the shelter's children, who vary tremendously in age, cultural experience and need. Junior League and community volunteers have played an integral part in providing the individualized approach.

It has been shown that 81% of persons who batter were abused as children. This program activates our efforts toward PREVENTING domestic violence in the future. When very young children mimic the behavior of an abusive man toward a woman, when children are forced to stand and watch a violent situation, when youngsters accept beating as everyday behavior, there is a tremendous need for guidance, attention and love.

The Shelter's children's program hopes to address this need.

Importance of Immunization

New Community Health Care Center, in cooperation with the N.J. State Department of Health wishes to stress the importance of having your child immunized against diphtheria, tetanus, pertussis, measles, mumps, rubella and polio during infancy and childhood. These

immunizations have played a major role in reducing the number of cases and deaths from each of these diseases.

The following is a Recommended Immunization Schedule For Children:

At This Age:	Your child should receive:
2 months	DTP (First)* TOPV (First)**
4 months	DTP (Second) TOPV (Second)
6 months	DTP (Third)
15 months	Measles**** Mumps**** Rubella****
18 months	DTP (Fourth) TOPV (Third)
At school entry (4 through 6 years)	DTP (Fifth) TOPV (Fourth)
14 through 16 years and every 10 years thereafter	Td***

*DTP - Diphtheria and tetanus toxoids and pertussis vaccine adsorbed (5 doses recommended)

**TOPV - Trivalent oral polio vaccine (live) (4 doses recommended; however some physicians may elect to give one additional dose of TOPV at 6 months of age)

***Td - Tetanus and diphtheria toxoids adsorbed (adult)

****May be combined as a single injection vaccine (MMR)

If you wish to have your child immunized contact the health center at 623-2480 for further information.

1984 ESSEX COUNTY MONTH OF THE YOUNG CHILD TENTATIVE PLAN of ACTIVITIES

1st WEEK Issuance of Proclamation	April 2
Day Care Centers Open House Adopt-A-Grandparent Day	April 3-6
2nd WEEK Nutrition & Health Week	April 9-13
Food Handler Workshop 9 a.m.-2 p.m. 110 William Street	April 11
3rd WEEK Multi-Cultural, Multi-Ethnic Activities	April 16-20
4th WEEK Olympic FUN WEEK Parent-Child Dinner Friday Conference	April 23-27 April 27

The activities for the Month of the Young Child are being coordinated by Child Care Network under the direction of Mrs. Rosa Langston. This organization is a division of the department of Health, Education and Welfare.

Shelter on TV!

Babyland's Family Violence Shelter will soon be spotlighted on Channel 9 TV, by a program called "That's the Spirit," aired on Sunday mornings at 10:30. They will present a segment called "Violence in the Family," for which Joan White and her crew and cameras came to the Shelter on February 8, 1984, to gather information and insight into the critical problem.

Channel 9 has tentatively set the date on which it will be shown for Sunday, March 25th.

Three of our former residents will tell their stories on public television in an effort to help other women who are victims of domestic violence. They want others to know that they are not alone in their situations and, most importantly, that there is a

place for them to go — Essex County's Shelter For Battered Women and Their Children.

The cameras also focused attention on the Children's therapy program at the Shelter. The Shelter's bright and newly renovated basement is now the place where children enjoy playing house, drawing, and dancing, under the direction of trained volunteers.

Keep that time and date open for Channel 9's coverage of the Shelter and its courageous "alumnae." We want everyone to know our phone number, 484-4446, and to encourage those in need to call us. We are available at any hour of the day or night.

Remember: phone 484-4446!

Sister Clare Elton

New Community Corporation MEDICAL TRANSPORTATION SERVICES

will transport patients to and from
NCC Health Care Center

Reliable, Efficient, Courteous Service!
Wheel Chair Accommodations Available.

Medicaid Accepted

Medicaid Accepted

Phone: 623-6114

Diabetes And The Foot

The Patient With Possible Diabetes

Often, seemingly normal individuals present cuts, chronic corns, ulcerations, etc., that do not heal in a normal span of time. In these patients urine, blood and other tests will help determine if diabetes, or some other condition, is present. Pain in the calf of the legs or thighs, that show no mechanical problem, should at least have a urine analysis to determine if diabetes should be suspected. Itchy feet and legs could be due to diabetes. There are many signs and symptoms which might prompt your podiatrist to order laboratory work in order to arrive at a correct diagnosis to your foot problem.

The Podiatrist and the Diabetic

Your podiatrist cooperates with other doctors for your foot health. In hospitals and clinics where a diabetic foot department is in existence statistics show that leg amputations due to diabetic gangrene have been reduced considerably. In private practice your podiatrist will consult with your family physician to assist the diabetic and aid in detecting suspected cases.

There is no known way to look at a person and tell if he or she is a diabetic.

Most Common Symptoms of Diabetes

- Rapid loss of weight by obese (fat) individuals.

- Increased thirst.
- Frequent urination.
- Pain and neuritis in the extremities

These, and other signs, are common to other diseases not only diabetes. However, a simple urine and blood sugar test will easily tell if the condition is present.

The Diabetic's Foot Problem

A diabetic is unable to use carbohydrates (sugar) properly. Toxic by-products can result. The tissues become less resistant to irritation than those of a normal individual, nor will they heal as well. Frequently hardening of the arteries (arteriosclerosis) is associated with diabetes. The lowered recuperative power plus poor blood supply places the foot, of all the body structures, at a distinct disadvantage.

Causes and Effects of Neglect

Irritating friction and pressure due to improper shoes or foot imbalance is of grave importance to the diabetic. Careless home treatment of corns, calluses and nails can be the beginning of a serious foot condition. Neglect of a simple blister, minor injury or the use of so-called "corn and callus cures" may lead to a major health problem. Unless meticulous foot hygiene is practiced, severe infection, ulceration and gangrene can result.

The Patient With Diabetes

REMEMBER, if you are a diabetic be sure to inform your podiatrist, immediately, upon presentation for treatment — for your protection. Even with appropriate and adequate medication and proper diet, some diabetics can not keep their blood sugar level under control. The diabetic needs, and is entitled to, all the skill and knowledge of his foot doctor to avert disastrous complications. A well functioning, blemish-free foot will add years to the life of a diabetic.

Exercise for Spring



Mr. T (Turpin)

Mr. "T" will be the instructor for the Spring Exercise Classes at New Community. The classes, to be held at Gardens Pavillion, will begin on Thursday, April 5, 1984 at 7:00 p.m. and will be an 8-week series. The cost is \$5.00 per session or \$25.00 for the full eight weeks. Contents will include not only class exercises but health tips and exercises for home. Participants will need a body suit, tights, light shoes or socks, (leg warmers are optional). This equipment is necessary to maintain body heat.

If you are interested in the class please contact Charman Harvey at 399-3400 or Georgia Ransome at 623-6114.

Tips On Health

This section will be devoted to questions and answers on health. Please mail your questions to the **New Community Clarion**, 755 South Orange Avenue, Newark, New Jersey 07106.



Soledad Alston
R.N.
Pediatric
Nurse
Practitioner

Question: Why should a child with impetigo be excluded from the nursery?

Answer: Impetigo is a contagious skin infection. It is usually caused by the same bacteria that causes "strep throat" and scarlet fever. The initial lesion starts as a blister which could very well be mistaken for a cigarette burn and usually appears around the mouth and nose. The child may spread the infection to other parts of his own body especially if there are bruises or insect bites. Infection is transmitted to other people by direct skin con-

tact so you can see why any child with impetigo should *not* be in a day care center.

Impetigo should not be dismissed lightly because of possible complications if left untreated. Just as strep throat and scarlet fever can cause rheumatic fever or heart disease, so impetigo can develop into a kidney infection which can be quite serious. At times, the kidney infection may show very little symptoms, but if left undetected and untreated it will *still* do damage to the kidneys. In this day and age of antibiotics this should not have to happen at all. A doctor should be seen at once and the prescribed medicine should be taken as directed by the physician, which is usually at least 10 days. A common mistake some parents make is to stop giving the medicine once the lesion has dried up, which can happen *before* the end of 10 days. However, some of the bacteria could still be alive in the child's system.

So to repeat, please give the medicine *as directed*, for impetigo is an illness which *must* be taken seriously.

Soledad Alston

A Different Kind of Game



YOU DON'T GIVE UP. Rutgers coach Matt Shoban with his assistant, NCC Youth coordinator Paul Reid.

At a time when huge sums of money are being spent on college basketball, there is a different kind of game being played at the Newark branch of Rutgers University. The game is still called by the same name, but in this commuter school the rules are different.

The team which began with 14 players, has lost seven of them already for academic and economic reasons. The need to finish college and earn tuition to do it leaves little time for basketball. As a result, three of the team are players new to the sport, never having playing even in high school, and one never played any sport at all; but they are welcomed.

They call themselves "The Family," and one of the team members, Darryl Parroway, has been known to race from his fencing meet just to join his pared down team.

The big events of the evening's games are created not by super-duper plays but by the everyday sacrifices made to place a team on the court.

Assistant coach Paul Reid is proud of his team, because of their spirit. Players, he explains, also haven't been recruited because of their basketball record, but they are at Rutgers Newark because of the quality education it offers. Paul prefers people with good grades who want to play and for whom big money is not the object.

What makes it tough however is that the coaches are not even full-time and academics take precedence over basketball at *all* times.

Working with two (hopefully?) subs can be difficult but the obstacles just seems to spur the team on to heroic degrees, such as happened when one player twisted an ankle and came out in pain, but insisted on going back in when a teammate cramped up.

They play to win each game, but perhaps the difference in their game is that the playing comes first.

It's a different kind of team.

And that's why Paul loves them all!

Workshop on Family Violence to be Held

Because of the enthusiastic response engendered by their previous two programs, the Institute Against Social Violence will present a third series of workshops at the New Community building at 180 South Orange Avenue.

Dates for the workshops are April 3-6th.

The program material has proven most helpful to those whose work brings them into contact with situations harboring family violence. Persons working in areas of law enforcement, mental health and social services as well as teachers and guidance counselors have gained insight through attendance.

The workshop leaders, Lynn Reynolds, Ph.D. and Gerald Shattuck, Ph.D. are both affiliated with Fordham University, the former teaching in the University's Probation and Parole Studies Program and the latter as Chairman of the Department of Sociology and Anthropology.

For information on the workshops, call Gerald Shattuck at Fordham — (212) 579-2202.

RETIRED SENIORS VOLUNTEER



PEOPLE HELPING PEOPLE. Some of our seniors signing up for R.S.V.P. program under the coordination of Sister Anastasia, S.S.J., Jackie Vogelmann coordinator for Essex County and Nilaja Merriweather, field coordinator.

The Retired Senior Volunteer Program enlists, on a part-time basis, the time and enthusiasm of older people and provides almost unlimited opportunities for volunteer service through non-profit private and community organizations.

Anyone aged 60 years or older is eligible to become an R.S.V.P. volunteer. There are no restrictions.

NCC's volunteers recently enjoyed a day together sharing the ex-

citement of receiving their R.S.V.P. pins and talking over the services rendered each day throughout our community.

New Community benefits from their help as program members coordinate the myriad classes presented for residents throughout the year, such as arts and crafts, sewing and exercise classes.

Our dedicated volunteers "make life better" each day for someone else...and enjoy the task.

March Calendar Of Events For Youth Activities

After School Program meets Monday-Thursday each week 3:30 p.m.-5:00 p.m. in Gardens Family Pavillion.

Slimnastics Class - meets every Thursday in Gardens Family Pavillion from 6:00 p.m.-7:00 p.m. The cost is \$2.00 per class or \$8.00 per month.

Gymnastics Class - Newton Street School, every Tuesday 5:30 p.m.-6:30 p.m.



Pre-teen Disco's are held in Gardens Family Pavillion every Friday, ages 6-13.



Registration for Little League Baseball will begin on March 1st thru the 16th at Gardens Family Pavillion.

Coaches Sought

The NCC Social Service Department is looking for men and women interested in coaching youngsters involved in the NCC Youth Programs. We need coaches for the following programs:

The NCC Jr. Basketball League
Women's and Men's Softball
Little League Baseball
Cheerleading and Gymnastics

We are not overly concerned about your coaching expertise but rather your interest in working with young people. If interested contact Paul Reid or Sheila Washington at 623-6114 or drop in to see us at the NCC Social Services Department located at 220 Bruce Street.

At Your (Social) Service

by Gerry Gannon
Director of Social Services

As a mid-winter thaw settled over New Community in February the activities in the senior buildings became "hot and heavy." It was all part of an expansion of programs and activities that went into effect this month in the senior buildings.

The purpose of this expansion is to involve the senior residents in activities that will exercise their minds and bodies as well as provide recreational and cultural enrichment.

During the course of each month each senior building will have two bus trips, a Movie of the Month and a weekly discussion group. These programs will be in addition to classes in arts and crafts, sewing, exercise, ceramics, bingo, weekly fun nights, chorus groups, and food shopping.

One innovative idea that caught on like "wild fire" in each building was a "morning coffee klatch." Instead of having their morning coffee

alone in their apartments, the residents decided to set up a coffee hour between 9:00 a.m. and 10:00 a.m. in each building. It has proven very successful in the building where it has been begun.

Since February is "Black History Month," many of the activities this month centered around this theme. Bus trips were made to the Black History Exhibit at the Newark Museum, the movies of the month included "Harriet Tubman and the Underground Railroad" and "The Autobiography of Miss Jane Pittman," and the discussion groups had a wide variety of speakers on the topic of Black History.

Although the new activities are only a week old, as of this writing they have been met with a great deal of enthusiasm and excitement by the residents who are looking forward to the activities of the coming months.

How Your Earnings Affect Your Benefits (1984)

(A) If You Are Under Age 65 in 1984

•you may earn up to \$5,160 a year and still receive all your Social Security benefits. If you earn over \$5,160, \$1.00 in benefits may be withheld for each \$2.00 of earnings you have over \$5,160.

a year and still receive all your Social Security benefits. If you earn over \$6,960, \$1.00 in benefits may be withheld for each \$2.00 of earnings you have over \$6,960.

(B) If You Are or Will Be Age 65 or Older Before 1/2/85

•you may earn up to \$6,960

(C) A Person Age 70 and Older can earn unlimited income with no penalties.

For further information please contact the Social Security Administration 201-429-8200.

Youths Thank Supporters



NEVER TOO YOUNG. Swinging away at the recent "Oldies But Goodies" dance.

The Committee For Youth Programs (CFYP) takes great pleasure in thanking all the residents and employees that supported our February 18th Oldies But Goodies Dance. Everyone enjoyed themselves and we're looking forward to seeing you again on March 31st. The series of fund raisers being given by the CFYP, is to support a week long trip for 44 youngsters

participating in youth activities. On April 22nd, the youths will fly down to Norfolk, Virginia, where they will join with other young people from the Washington and Virginia areas in sports competitions and scouting activities.

Your support has been greatly appreciated.

Georgia Ransome

Registration for Jr. League Basketball has begun. Registration forms can be picked up at NCC Social Services or at 51 Somerset Street.

NOW, THERE IS HELP

THE ESSEX COUNTY FAMILY VIOLENCE CENTER

SHELTER — COUNSELING
REFERRALS BY TRAINED STAFF
FOR
BATTERED WOMEN AND THEIR CHILDREN

484-4446

SPONSORED BY
BABYLAND NURSERY, INC.

24 HOUR HOT LINE
CALL ANYTIME

FRIENDS OF ST. ROSE SPRING INTO ACTION

A few years ago, when St. Rose of Lima School needed financial help rather badly to continue its work of providing quality education for inner city children, the "Friends of St. Rose" came into being.

Most of the men in the group are members of Union Council 4504 of the Knights of Columbus. Spouses and friends have been added to the membership along the way. All are volunteers — and all believe strongly in what St. Rose is trying to do.

Coming to St. Rose's aid with a good deal of fund-raising experience, they held a Chinese Auction — a night filled with lots of fun, prizes galore and an opportunity for camaraderie.

It was a tremendous success.

In time, their know-how was shared with Newark parishioners and others so that today the Chinese Auction is a marvelous example of urban and suburban cooperation on a neighborhood level and has become an annual event greatly anticipated by all.

Father Ed Swierzbinski, from St. Rose, gives the Friends insight into the changing needs of the school and progress made, as well as encourage-



SUPER VOLUNTEERS. Busy at work. Volunteers helping to get the annual Spring Festival campaign for St. Rose of Lima school children under way. Left to right, Joanna Kiss, Barney Capriglione, Marian Popp, Tom Hornig, Phyllis Spekhardt, Lucille Mey, & Jennie Bizon.

ment in their endeavors. He is also anxious to hear from any former parishioners who would like to help. He can be reached at 482-0682.

With the auction set for April

28th this year the Friends of St. Rose have already begun to work.

Meeting one evening recently in a member's home they completed the first step — getting letters into the envelopes and out to those who sup-

port them each year. A simple task it seems, but when many hands and hearts gather to share it, the evening takes on a much greater Christian dimension.

We are grateful to them all.

Commons Seniors

On Monday evening, February 6th, the 140 Club held its regular meeting and discussed getting away this summer to Niagara Falls. The trip is planned for August. An evening with dinner in New York is planned for the near future. Additional information can be obtained at the next meeting from Ms. M. Simpson, President, or Mr. Hooper, Vice-President.

Regular meetings are held every 1st Monday evening at 6:00 p.m. in the community room.

140 Mens Club

Dedication of a new and beautiful

pool table was held on Friday, February 10th. The President, Ralph Simpson, and other officers were on hand for the ceremony. They were joined by the hostesses, and resident members of all the clubs. Residents of 140 are now enjoying this most beautiful gift.

140 Garden Club

Ms. Rose Rivers, President of the Garden Club invites you to attend the Garden Club meeting every second Monday morning at 10:30 a.m. Please attend our March 12th meeting as we get ready for spring planting.

Ruby Dawson

St. Rose of Lima Registration Has Begun Students For Grades K-8 Accepted

For those parents who are interested in St. Rose of Lima School for 1984-1985, registration is now in progress. If you have a child for kindergarten through eighth grade, please make arrangements to register him/her as soon as possible. The hours for registration are weekdays from 9:00 a.m. until 2:00 p.m. A \$25.00 registration fee is required, along with health records and birth certificate.

St. Rose of Lima School offers a full session for kindergarten children from 8:30 a.m. until 2:45 p.m. There is also an after-school program from 2:45 until 5:45 p.m. for working parents who can not pick up their children after regular school hours.

INFORMATION CONCERNING ST. ROSE OF LIMA KINDERGARTEN REGISTRATION AND ADMISSION

1. To be eligible for admission to kindergarten in September, 1984, your child must become five years of age prior to December 31, 1984.

2. The registration must be sup-

ported by one proof of age — birth certificate or baptismal certificate.

3. Under New Jersey State law, parents are required to present evidence of (1) a complete immunization series against diphtheria, pertussis and tetanus (DPT) and booster, (2) a complete series of oral polio vaccinations (Sabin) and booster, (3) vaccination against measles after one year of age, German measles, mumps.

4. The primary responsibility for the total health needs of the child rest with the family and the child's own physician. Therefore, a report of an adequate physical examination completed by the child's physician since January 1, 1984 is required as the foundation for the child's school health record.

5. A dental examination is strongly recommended prior to school entrance.

6. Registration forms are available at the school office.

For further information or appointments for registration, you may call the school at 481-5582.

C. Phillips



GETTING THE MAILING OUT. Helping to get the mail on its way, these volunteers for St. Rose of Lima School under the watchful eye of Father Ed stuff envelopes for the Chinese Auction. Left to right Jennie Bizon, Julius Kiss, Henry Mey, Myrtle Capriglione, Father Ed Swierzbinski and Andy Popp.

FRIENDS OF
ST. ROSE OF LIMA



CHINESE AUCTION

SATURDAY EVENING, APRIL 28, 1984

7 O'Clock to Midnight

ROSELLE CATHOLIC H. S. AUDITORIUM

Buffet Supper — Dancing

Proceeds benefit St. Rose of Lima School

FUN
PRIZES

CATHEDRAL CONCERT SERIES

The Cathedral Concert Series, staged in one of America's most magnificent Cathedrals, is a unique blend of performing arts magic. Each year, noted artists and performing groups are brought to the city of Newark to culturally enlighten thousands of patrons, who enjoy a delightful experience amidst French Gothic grandeur. And the Cathedral Concert Orchestra is the only one of its kind in the United States. This year, we are proud to present world premiere performances of works for orchestra, chorus and soloist. These works are by noted composers Richard Nanes, David Rakowski, Loretta Jankowski, Adolphus Hailstork, and Father Abel Ferreira Alves. **THE CATHEDRAL CONCERT SERIES — IT'S AFFORDABLE, EDUCATIONAL, ENTERTAINING AND ACCESSIBLE.**

- March 18** Organist Anthony Newman with the Cathedral Concert Orchestra featuring works by Handel, Mozart and Bach
- April 1** Brazilian Pianist Arthur Lima with the Cathedral Concert Orchestra and Chorus. An afternoon of Rachmaninoff selections.
- April 15** Bach's St. John Passion A musical presentation with soloists, chorus and orchestra
- May 6** T.S. Eliot's "Murder in the Cathedral" A theatre presentation by Seton Hall University's Drama Department in the natural stage setting of the Cathedral.*
- May 13** Russian Cellist Boris Pergamenschikow with the Cathedral Concert Orchestra. Featuring the works of Tchaikovsky and Boccherini
- June 3** Jazz artist Dr. Billy Taylor and his trio with the Cathedral Concert Orchestra. Featuring Dr. Taylor's original compositions.

The New Jersey Society of Architects, Newark/Suburban Chapter, will conduct tours before every concert at 2:15 p.m. On site security and parking provided. Accessible to the handicapped.

**Cathedral tours will not be given at this performance.*

Newark's
Cathedral of the Sacred Heart
 89 Ridge Street,
 Newark, New Jersey 07104,
 (201) 484-4600
 Most Reverend Peter L. Gerety,
Archbishop of Newark
 Father Cajetan P. Salemi,
Cathedral Rector
 Thomas Michalak,
Artistic Director and Conductor
 Michael Pratt,
Assistant Conductor
 Warren Brown,
Director, the Cathedral Concert
 Chorus and Organist
 Carole DeSenne,
Concert Series Director

Kean College News

Six motion pictures will be screened in free admission showings between February and May in the O'Meara Auditorium J-100 of Hutchinson Hall at Kean College of New Jersey.

Those with Kean College identification cards will receive priority seating for the showings which were scheduled by the student activities department film committee.

The movies and showtimes are: **Psycho II**, 8 p.m. March 25 and noon and 8 p.m. March 26.

Also, **Visiting Hours**, 8 p.m. April 8 and noon and 8 p.m. April 9; **Gandhi**, 8 p.m. April 29 and noon and 8 p.m. April 30 and **Caddyshack**, 8 p.m. May 13 and noon and 8 p.m. May 14.

Ballet at Kean

The bravura ballet, "Don Quixote Pas de Deux," reviewed as "exciting and astounding," and a brand new production of the "Graduation Ball" ballet will be performed March 10 and 11 at Kean College of New Jersey by the New Jersey Ballet Company.

The program is being presented at 8 p.m. Saturday and 3 p.m. Sunday on the stage of the Wilkins Theatre for the Performing Arts. The ballet company is billed along with the Jersey Lyric Opera, which will perform one act of "Cavalleria Rusticana."

Tickets are available at the Wilkins box office (201-527-2337) at \$12.50, \$9 and \$6.50 for students and senior citizens.

The New Jersey Ballet Company will open its part of the program with Don Quixote Pas de Deux. Set to the music of Minkus, it is a pas de deux only performed by the most distinguished dancers.

Following "Don Quixote," the "Graduation Ball," brightly costumed and set to the music of Johann Strauss, will be performed. It is a spirited and fun ballet with strong dancing. Set in a fashionable girls' school in Vienna, it tells the story of the graduating girls and the cadets of a nearby military school.

The opera, "Cavalleria Rusticana," is set in 19th century Sicily and is the story of a small town boy having an affair with his former girlfriend who is married.

INCOME TAX AID AT NEWARK LIBRARY

The Newark Public Library, in cooperation with the Volunteer Income Tax Assistance Program (VITA), will offer **FREE** income tax aid on Wednesday evenings from 6:00-8:00 p.m., in the New Jersey Reference Division, first floor, through April 11, 1984.

The Student Chapter of Accountants for the Public Interest, Rutgers University Newark, will supply the accountants.

Service to patrons will be on a first come, first served basis.

The Newark Public Library is located at 5 Washington Street in downtown Newark, easily accessible by auto or mass transit. For more information or directions, call (201) 733-7800.

Culture and Art

NEWARK LIBRARY AND URBAN VOICES TO SPONSOR WRITING WORKSHOPS

The Newark Public Library and Urban Voices will sponsor a series of *Creative Writing Workshops* on Saturday mornings from 10:30 a.m. to 12:00 noon from February 18 through May 19, 1984 at the Newark Public Library, 5 Washington Street, 4th floor, Room 3.

The Creative Writing and Art Workshops are offered **FREE** of charge to the public thanks to funding by the New Jersey Council of the Arts, Mutual Benefit Life and Victoria Foundation.

Information and Registration forms are available by calling Anne G. Brown at (201) 733-8644.

DINOSAUR RELICS HOUSED IN ESSEX MUSEUM

The Essex County Geology Museum will open on Tuesdays, Thursdays and Saturdays from 9 a.m. to 4 p.m. beginning in March.

The Geology Museum located in Riker Hill Park, Beaufort Avenue in Livingston, is adjacent to the famous Walter Kidde Dinosaur Park, a National Landmark rock quarry where some of the best preserved fossils on the East Coast have been found. The fossils, which include dinosaur footprints, were first discovered in 1971 on land then owned by the Walter Kidde Company, Inc.

The Geology Museum houses many of the finest fossils found in the

quarry. Groups and individuals who dig in the quarry still find good-quality fossils from 150 million years ago.

Maintained by the Essex County Department of Parks, Recreation and Cultural Affairs, the Geology Museum is available at other times of the week by appointment only. Interpretive trail maps of the Dinosaur Park are available at the Geology Museum and at the Center for Environmental Studies, 621 Eagle Rock Avenue, Roseland. The Center offers public programs on geology. For more information, call 201-992-8806 or 201-228-2210.

NCC Sponsors Trip To Ice Capades

On Saturday, January 28, 1984 a group of 46 adults and children visited Brendan Byrne Arena in the Meadowlands to see the Ice Capades featuring Dorothy Hamill and a star-studded cast of World and Olympic medalists. The show also featured the Ice Cadettes, Ice Cadets and the enchanting Smurfs!

Everyone enjoyed watching these graceful athletes perform while they munched on their favorite foods and snacks. The youngsters ate popcorn, pretzels, hot dogs, sodas and bought numerous souvenirs. All in all it was a fun way to spend a Saturday afternoon.

Sheila Washington

NEWARK MUSEUM EXHIBITIONS & EVENTS

TEEN ARTS

The thirteenth annual *Newark Teen Arts Festival* exhibition opens on Saturday, March 10, and features work by 120 talented student artists from the city's public and private schools. A 2:00 p.m. performance on opening day will showcase musical ensembles and soloists, followed by a reception for the young artists. The festival is co-sponsored by the Newark Board of Education, the Junior League of Montclair-Newark, Inc. and the Prudential Insurance Company of America. **March 10 through 25. Reception Saturday, March 10, 2-4:00 p.m.**

KIDSTUFF Bandits Strike Again!

Be on hand for theatrical escapades, as Creative Theatre Unlimited's band of silly bandits find themselves locked inside a museum. With the audience, they discover the magic that brings the stories of artifacts to life. True to the spirit of participatory theater, children in the audience, led by the actors, will become part of the play. Creative Theatre Unlimited of Princeton has been delighting area

audiences since 1975.

Saturday, March 17 at 1:30 p.m. Court.

Up in The Air

In this kid's film, adventures ensue when Victorian children improvise a balloon to escape from their boarding school (43 min.).

Saturday, March 24 at 1:30 & 3:00 p.m. Lecture Room.

All Systems Go! examines the first 25 years of American involvement in space and highlights the first moon walk and the flights of Skylab and the Space Shuttle.

Saturdays and Sundays at 2:00 & 3:00 p.m. and Wednesdays at 3:00 p.m. Children under 7 not admitted. Planetarium admission 75¢.

African Mythology Of The Sky tells tales of the sun, moon, wind and rain gods of Kono, Nuba, Luyia and Chaba. Many stories are told through poetry that explains the natural phenomena seen by different African tribes.

Saturdays in March at 1:00 p.m. Children under 7 must be accompanied by an adult. Planetarium admission 75¢.

NC Associates

The Christmas holidays were filled with activities causing the NC Associates Senior Citizens Organization to plan a post-Christmas Dinner on January 31st. On this date the delayed Christmas Dinner went into full swing; there was turkey and all the trimmings. The residents of 180 enjoyed a delicious and wholesome dinner. Although the Christmas holiday was over, the spirit still filled the room. President, Maude Jones, Vice President, Oler Peterman, Secretaries Beatrice Graham and Phyllis Burton, Treasurer Emma Johnson and members, expressed their gratitude to all who helped make the dinner a success.

The room was filled to capacity. The air was filled with glamour, pride, anxiety and anticipation of hearing some good gospel music. It was the night of the Fifth Anniversary of the 180 Inspirational Gospel Chorus, Jan. 27th. The place was the community room.

The guest choirs, soloist Evangelist B. Lawrence, and all those participating in the program and behind the scenes did a fabulous job in making the anniversary one to be long remembered. It was especially good to have one of our men take part, Mr. Robert E. Smith; your recitation was appreciated. Everyone deserved a standing ovation. We are looking forward to the sixth anniversary.

On Feb. 6th we were honored to have a member of the Newark Department of Recreation and Parks staff bring us a pre-Valentine Day celebration. We enjoyed the music provided by Mr. Harold Wing and Mary King. The raffle was fun and it helped to make the day a little more sunny for some seniors. We appreciate the staff taking time from their busy schedule to make this affair possible for us.

A Tribute To Those Who Served

In July of '79, the Senior Citizens Organization was conceived. One of its founders was Mr. Joseph Graham. He went with Mr. Hill to the Office of Aging to seek help in getting the organization started and wasn't satisfied until it was properly set up and a charter obtained. He worked with the members until it was well established and then took a back seat. On Jan. 29th he departed from this life, but will be remembered for his interest and perseverance in the Senior Club.

On February 10, 1984, a good friend and neighbor, Mr. Robert Moses deceased. He was our friendly paperman. He always had a smile and did not complain. He served us well, until his health failed. He will always be remembered as our faithful, friendly paperman.

Phyllis Burton
NC Associates

"Praise is like champagne; It should be served while it is still bubbling."

—Robins Reader

Men At NC Commons Senior Go Into Action



SHARING A CAKE. At recent dedication of a pool table at NC Commons Senior, a delightful cake baked by Keith Tonsul, (at extreme left of photo) was shared with Ralph Simpson, Father William Linder and other members of the 140 Mens Club.

The voices coming from the community room at NC Commons Senior these days are a lot deeper. Perhaps the addition of a beautiful new Brunswick pool table has had a hand in it.

A few months ago the men got together and started talking. It would be nice to have a pool table to enjoy, they decided.

Wasting no time, the men chose a full size 4 by 8 foot table with a fine slate surface that would not warp. The only thing that remained was to find the money with which to buy it.

A men's club was formed to unify the group, and Mr. Ralph Simpson accepted the presidency.

A suggestion was made to sell breakfasts and dinners to neighbors and business people in the area to raise the necessary funds. The women pitched in to help. Orders were taken and promptly filled, for most of the elderly do not really enjoy cooking for themselves, and they also like to help their neighbors. Busy business people welcomed the opportunity for a home-cooked meal at midday — and the lone stove in the 140 kitchen buzzed with activity with a purpose.

The results were amazing.

On that single piece of equipment enough meals were prepared in one month to raise the entire \$1,200

necessary for the eagerly anticipated pool table.

Elated by their success, the men are now conducting pool classes for women on special days. "They're going to be good too," Mr. Simpson boasted. "If you put your mind to it and work hard you can do anything," he said sincerely in discussing their happy venture.

To celebrate the occasion a cake in the form of a pool table was baked and beautifully decorated by Keith Tonsul for the club.

Plans are already underway for the next community room project — a stereo for disco music.

Good Luck!!!

We Care — At The Douglas

The committee attending the sick which works out of the Tenants Association has adopted for themselves the name of "We Care Club." On February 14th, the love that they have been spreading throughout the building overflowed to all visitors.

Valentine Cards were left at the desk with our Security Guard, Sheila White, to give to each visitor signing the register. (Thank you, Sheila). It was such a good feeling and showing of love. They would ask, "what is this?" The sincere expression of surprise and pleasure when they opened their envelope was very rewarding.

If you are a tenant of the Douglas, then you are a member of the "We Care Club." Edith Lott, Chairperson, Helen Vaughn, Mae Byrd, Rosa Rock and Willa Mae Armstrong make up this committee and are responsible for affairs, programs, distribution and publicity for any projects for the club.

Our responsibility as tenants is to support them as much as possible, whenever possible, in their endeavors, for they are showing us that they care.

It's up to us to let them know that We Care too.

Alma Hanks

Commons Family News

Our first tenant meeting was held February 15, 1984 and it was a success.

Two (2) committees were selected:
FUNDRAISING Deanna Thomas
BY-LAWS Ms. Ridgewood
Linda Ross Ms. Holloway
Audrey Boykins Ms. Hampton
Roberta Singletary Delores Collier

Also our door prize winners were:
Ms. Hampton, Ms. Penelope Haugabrooks, Ms. Ruth Scott, and Ms. Deanna Thomas.

Special thanks to the following for helping our first meeting to be a suc-

cess: Madge Wilson & Georgia Ransome, for organizing us in January; NCC Security, for distributing our flyers; Willie Thomas, Principal of Newton St. School, for the use of the coffee pot (smile); Sharon Carter, for the entertainment.

A Reminder that monthly meetings are the 2nd Wednesday of every month. Time: 6:30 p.m. at Commons Pavillion - 298 Morris Ave.

Next Meeting will be March 14, 1984. See you then!!

NCC Group Sees The Harlem Globetrotters

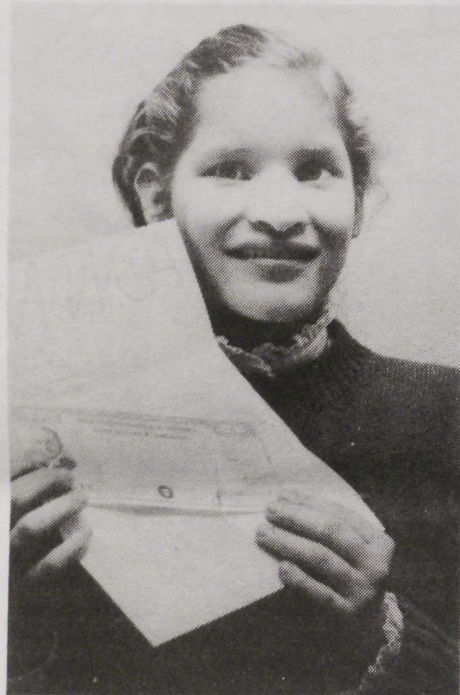
On Saturday, February 18th, a group from NCC traveled to the Brendan Byrne Arena in the Meadowlands to see the world famous Harlem Globetrotters, featuring Curly Neal and Geese Auzbey. The group enjoyed watching the Trotters perform their

magical ball handling ability to the amazement of the crowd of 10,000 on hand. In addition to their ball handling display the Trotters kept everyone laughing until their sides ached with pain. The group has per-

formed in over 101 countries around the world, before presidents, kings, queens, and other distinguished dignitaries. They have played before the largest crowd ever to see a live basketball game, when over 75,000 people jammed Berlin's Olympic Stadium.

The Harlem Globetrotters are truly ambassadors of good will in their own right. Judging by the smiles on the faces of all those in attendance there can be absolutely no doubt about that.

NCC Youth Takes First Place In City Wide Essay Contest



Ivelisse Hernandez

In a recently held city wide essay contest, Ivelisse Hernandez, a New Community resident and student attending Camden Middle School, took 1st place in the contest sponsored by the Newark Young Men's and Women's Christian Association (YMCA) and the Newark Board of Education. Ivelisse is the younger sister of Elizabeth Hernandez who came in 3rd in a similar contest last year. This year's contest was entitled "Why I Remember Martin Luther King, Jr."

Her achievement is indicative of the many talented people in her family as well as the youngsters that reside in NCC. All the residents of NCC can be proud of Ivelisse's accomplishment and we hope it will encourage other youngsters to pursue excellence in whatever field of human endeavor they choose. Elizabeth keep up the good work, we are proud of you!

Why I Remember Martin Luther King, Jr.

Dr. Martin Luther King, Jr. was born on January 14, 1929 in Atlanta, Georgia. I remember Dr. King for his many contributions. Martin Luther King was a non-violent person. He didn't want to trouble anyone. All he wanted to do was try to get their rights from the whites.

He took part in the boycott of 1956. Blacks had to sit in the back of the bus or give their seats to the white people who didn't have a seat.

He also instituted the famous walk from Atlanta, Georgia to Washington, D.C. They used picket signs telling that they were fighting for their rights.

He received the Nobel Peace Prize in 1963 for his outstanding knowledge and courage. I really

think he deserved it for he was a wonderful man.

Dr. King was a Baptist minister and was a leader and president of the Southern Christian Leadership Conference of 1957.

Dr. King was assassinated on April 4, 1968. The blacks got their rights but still no one forgot Dr. Martin Luther King for he can never be forgotten.

He made two famous speeches that I like. One of them was "I Have A Dream" and "We Shall Overcome." He was a fantastic leader.

Dr. King was really a man with a dream. A vision of a free world that has not been realized to this day. He made improvements but we have a long way to go.

How Are You Managing?

Sometimes it is not how much you make but how well you manage what you make that affects your ability to provide for essential needs and survival. Too often we are prone to buy things that we want, with money we don't have; things we really don't need. Want is desire; need is essential. Food, shelter, and clothing (long considered essential) should come before pleasure, ornaments, and self aggrandizement.

Gold neck chains, walkmans, large music boxes, alcohol, and tobacco abound where balanced diet, family insurance, and rent lag behind. Closets of slightly worn out-of-style apparel attest to resources unwisely spent. Dining out in fast food franchises instead of eating home cooked meals at home usurp much of the family income, and sometimes causes us to run out of money before the end of the month.

It is a common sight to see pupils and students, on the way to school in the morning, drinking sodas and eating junk food, an expense larger than eating a wholesome breakfast, including milk, at home. Throughout the week, lines at the fast food franchises exceed those at the food markets.

When new fads arrive, those who can ill afford them are the first to

avail themselves of them. Purchases are made with a view toward peer conformity rather than durability of item after comparative shopping.

It is a known fact that the welfare check and food stamps do not go very far these days, nevertheless, the first five days of the month one can find recipients banqueting in eateries as though the checks and food stamps would be coming in weekly. We can buy food at the food markets, however high, that will provide victuals over an extended period cheaper and less expensively than eating out.

Budgeting keeps us informed as to just where we stand. We should list our income on one page, and list our expenditures on another. First, we should take care of our expenditures, the necessities: food; rent; family insurance; outstanding bills. Planning meals and comparative shopping are helpful.

After we have taken care of the necessities, if there is anything left, and there probably won't be, then let's save it for a rainy day. And perhaps, in the future, there may be an economic deluge.

Lewis Graves
Springfield Branch
Newark Public Library

The New Community Youth Fashion Show A Rousing Success!

The noise filled room was bubbling with life and anticipation. The security officer ushered anxious parents, friends and guests quickly and quietly through the door. Meanwhile, back in the dressing room, the pace was quick and the tension in the air was very noticeable, as the little stars of that evening performance eagerly, but nervously, awaited their debut. Suddenly, the lights were dimmed. The commentator stepped up to the microphone and delivered a most inspiring tribute to the late Dr. Martin Luther King, Jr. in honor of Black History Month. The D.J. took his place and began to pound out some heavy soulful sounds that seemed to make everyone in the room come alive in anticipation of the first fashion show given by the youth of New

Ransome, Cornelli Thomas, Rekeebea Clemons, Samara Bradley, Catrina Thomas, Fatimah Gaines, Hakeem Gaines, Angie Clemons, Naim Holloway, Kathy Scott, La-Tisha and La-Tonya Hunter, Sherena and Dyneshia Frazier, Missy Doodson, Keith Hunter, Tracey Carter, Charlene Harper, Lisa Harris, Patricia Gary, March McKenith, Little Eddie Williams, Darrel Wright, Tommea Benson and Crystal Brown.

The NCC Drill Team, known as the NCC Stompers, under the direction of Mrs. Rose Frazier also performed during the evening.

The show was performed in order to raise money for the New Community Youth Trip to the Virginia, and Washington, D.C. area for a week. Almost \$700.00 was raised



ON CAMERA. Naim Holloway all decked out in two piece suit with hat, struts down runway at NCC Youth Fashion Show as his photo is taken.

Community. And it was a spectacle to behold.

The show was performed before a standing room only audience on February 25th at 180 South Orange Avenue. The event was directed by Ms. Sharon Carter, Dee Dee Bibbs, Regina Bibbs, and Mrs. Shelly Davis. The commentator was Mr. Cass Crenshaw. Designers were Dee Dee Bibbs and Mrs. H. Hunter. The D.J. was Ace and the young models included these youngsters: Michelle

towards the trip. Ms. Carter, a member of the Committee For Youth Programs, along with all the children that modeled and the parents that supported their children in this worthwhile effort deserve a big "Thank You." It's programs like this that make working with young people one of the greater joys in life. Again, thank you all for a job well done!

Paul Reid, Jr.
Youth Coordinator

NCC ON RADIO



Be sure to listen to radio station WBGO (88.3 FM) on Monday, March 12, 1984 at 7:30 p.m. NCC President Arthur Wilson, Director of Development Matthew Reilly and Director of Asset Management Skip Lee will be interviewed by Ms. Janet Hedmann on her show, "Inside Newark."